

# FEBRUARY 2020 - Menus

## Grades K-5 Lunch(NNC)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-3 Whole Grain Cheese Pizza Wedge - <b>V</b> Toasted Cheese Sandwich - <b>V</b> Petite Baby Carrots - <b>S</b> Sweet Corn Fruit - <b>S</b>	2-4 Café LA Burger Deli Turkey & Cheese Sandwich Fresh Garden Salad Ruffle Fries Frozen Juice Cup	2-5 Chicken & Cheese Sliders Chinese Chicken Salad Aloha Roll Petite Baby Carrots - <b>S</b> Campfire Baked Beans Fruit Cup	2-6 Cheesy Pillows Chicken Caesar Salad Artisan Roll Celery Sticks Waffle Cut Fries Fruit Cup	2-7 Teriyaki Beef Dipper Rice Bowl Yellow Submarine Sandwich or Classic Tuna Sandwich Petite Baby Carrots - <b>S</b> Broccoli Buds Fruit - <b>S</b>
2-10 Whole Grain Cheese Pizza Wedge - <b>V</b> Toasted Cheese Sandwich - <b>V</b> Petite Baby Carrots - <b>S</b> Sweet Corn Fruit - <b>S</b>	2-11 Mini Chicken Teriyaki Sandwiches Deli Turkey & Cheese Sandwich Fresh Garden Salad Campfire Baked Beans Frozen Juice Slush	2-12 Taco Bean Dip Crunchy Tortilla Chips Chinese Chicken Salad Aloha Roll Tangy Salsa Cup Sweet Corn Fresh Orange Variety (Cara Cara Orange, Blood Orange)	2-13 Café LA Burger Chicken Caesar Salad Artisan Roll Ruffle Fries Celery Sticks Fruit Cup	2-15 Mama's Meatball Sub Yellow Submarine Sandwich or Classic Tuna Sandwich Petite Baby Carrots - <b>S</b> Waffle Cut Fries Fruit - <b>S</b>
2-17 <b>PRESIDENTS DAY HOLIDAY</b>	2-18 Cheeseburger Sliders Toasted Cheese Sandwich Sweet Corn Ruffle Fries Frozen Juice Slush	2-19 Zesty Beef Chalupa or Chinese Chicken Salad Aloha Roll Tangy Salsa Cup Celery Sticks Fruit Cup	2-20 Beef & Cheese Taco Burrito Chicken Caesar Salad Artisan Roll Fresh Garden Salad Sweet Corn Fruit - <b>S</b>	2-21 Turkey Burger Yellow Submarine Sandwich OR Classic Tuna Sandwich Petite Baby Carrots - <b>S</b> Broccoli Buds Fruit - <b>S</b>
2-24 Whole Grain Cheese Pizza Wedge - <b>V</b> Toasted Cheese Sandwich - <b>V</b> Petite Baby Carrots - <b>S</b> Sweet Corn Fruit - <b>S</b>	2-25 Orange Meatball Rice Bowl Deli Turkey & Cheese Sandwich Broccoli Buds Fiesta Pinto Beans Frozen Juice Cup	2-26 Salisbury Steak with Gravy Aloha Roll Chinese Chicken Salad Aloha Roll or Mexicali Salad Crunchy Tortilla Chips Petite Baby Carrots - <b>S</b> Waffle Cut Fries Fruit Cup	2-27 Taco Bean Dip Crunchy Tortilla Chips Chicken Caesar Salad Artisan Roll Fresh Garden Salad Sweet Corn Fruit - <b>S</b>	2-28 Garlicky Cheese Bread or Beef & Cheese Taco Burrito Yellow Submarine Sandwich or Classic Tuna Sandwich Petite Baby Carrots - <b>S</b> Golden Hash Brown Patties Fruit - <b>S</b>

**All of the Grain/Bread items served are Whole Grain Rich.** Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

**S:** Items with an (S) can be saved for later **V:** Vegetarian items - \*\*Farm Fresh Fruits: Apple, Orange, Banana - Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito

**Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat**

**MENUS ARE SUBJECT TO CHANGE**

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